

# WEEK 4

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Braised Steak &amp; Onions in a Rich meaty Gravy</p> <p>Cod Loin on a of Mediterrean Vegetables served with a Creamy Chive Sauce</p> <p>(V)Veggie Quorn Fillet &amp; Onions</p> <p>Parmentier Potatoes Farmhouse Vegetables</p>	<p>Qegs Famous Classic Chicken Pie topped with Puff pastry</p> <p>Pork Sausage Specially Made By Our Butcher</p> <p>(V)Quorn Sausage</p> <p>Mashed Potatoes Peas Spring Cabbage</p>	<p>Battered Cod Finger with Lemon Wedge &amp; Tartar Sauce</p> <p>Chicken Breast in a Garlic &amp; Cream Sauce</p> <p>(v) Veggie Quorn in a Garlic &amp; Cream Sauce</p> <p>Chunky Chips Garden Peas Baked Beans</p>	<p>Roast Breast of Turkey served with a Yorkshire Pudding &amp; Roast gravy</p> <p>Beef Bolognaise served with Spaghetti &amp; Parmesan Cheese</p> <p>(v) Roasted Quorn Fillet</p> <p>Roast Potatoes Broccoli Baby Carrots</p>	<p><b><u>Qegs Special Thai Curry day</u></b></p> <p>Green Thai Chicken curry served with Basmati Rice &amp; Flat Bread</p> <p>Penang Pork Curry served with Basmati Rice and a flat bread</p> <p>(v) Quorn Green Thai curry served with Basmati Rice</p> <p>(V)Tomato &amp; Basil Pasta</p> <p>Spiced New Potatoes Cut Green Beans Sweetcorn</p>
<p><b>Snacks</b></p> <p>Each Day the following are available: Jacket Potato with a choice of fillings Assorted Salad Bar Sandwich Bar Sausage rolls vegan rolls cheese pasty Pasta Bar</p>				
<p>Available daily: Fresh Fruit, Selection of Yoghurts or Cheese and Biscuits</p>				
<p>Vanilla Sponge &amp; Custard</p> <p>Strawberry Angel Delight</p>	<p>Chocolate Cake &amp; Chocolate Sauce</p> <p>Assorted Cookies</p>	<p>White Chocolate Blondies</p> <p>Bread &amp; Butter Pudding &amp; Custard</p>	<p>Sticky Toffee Pudding &amp; Custard</p> <p>Eccles Cake</p>	<p>Strawberry Fool</p> <p>All Butter Shortbread</p>

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