

Y10 and Y11

PHYSICAL EDUCATION

Technical Information

GCSE

GCSE Course Title	Code	Awarding Body
PHYSICAL EDUCATION (DOUBLE AWARD)	4894	AQA

PAPER	Code	Method of Assessment	Weighting
Paper	489/03	Externally assessed	20%.
Coursework	4890/4	Internally assessed, externally moderated	30%.
Paper	4890/5	Externally assessed	20%
Coursework	4890/6	Internally assessed; Externally moderated	30%

## PHYSICAL EDUCATION

### Background knowledge and qualifications

No prior learning or level of attainment is necessary for girls to undertake this course of study but an interest in Sport is essential. It provides an opportunity for girls to be rewarded for skills they possess in this area.

### Course description

The course contains four areas of study. These are:

#### **4890/3: *Knowledge and Understanding for the Active Participant (Full Course)***

- Range of physical activities and different roles of the active participant.
- Linking practical activity with diet/work and rest for personal health and a balanced healthy lifestyle.
- Making informed decisions about getting involved in a lifetime of healthy physical activities.

#### **4890/4: *The Active Participant (Full Course)***

- Four assessments – two as player/performer from at least two different groups

#### **4890/5: *Knowledge and Understanding for the Involved Participant***

- Skills for elective performance;
- Testing/training and lifestyle choices to assess and improve participant;
- Risk assessment and safe practice.

#### **4890/6: *The Active Participant (Double Award)***

- Four assessments as player/performer, organizer, leader/coach, choreographer or official and must include a third group/way of thinking.

## **Method of assessment**

- Coursework will be worth 60% of your overall result split into 8 areas of practical performance. You will also be assessed on your ability to observe and analyse performance in two of your activities with a written coursework component.
  
- 2 Written papers (1 hour 30 minutes).

## **Use of course and qualification**

If successful, you will receive two GCSE grades.

The course will help you to develop your confidence, self-esteem and sense of team spirit. It will enhance your ability to participate in sport for life with all the health and social benefits this involves. The qualification can lead to further study of PE or can be used purely as a means to go on to gain entry into the Sixth Form with the knowledge that you have a broad range of subjects from which to choose.